

# 14th ANNUAL CALIFORNIA CHAMPIONSHIPS



ORGANIZED AND CONDUCTED BY THE  
**LOS ANGELES FIGURE SKATING CLUB**

**MAY 20 and 21, 2017**

**East West Ice Palace**  
11446 Artesia Blvd  
Artesia, California 90701-3855

Deadline for Entries: Sunday, April 16, 2017



SANCTIONED BY  
*UNITED STATES FIGURE SKATING*

# FOURTEENTH ANNUAL CALIFORNIA CHAMPIONSHIPS

MAY 20 and 21, 2017

Sanctioned by U.S. Figure Skating

The Los Angeles Figure Skating Club is hosting an OPEN Non-qualifying Championship on Saturday, May 20 and Sunday, May 21, 2017 at the EAST WEST ICE PALACE, 11446 Artesia Blvd, Artesia, California 90701-3855. All U.S. Figure Skating registered eligible persons are invited to participate.

## GENERAL RULES

The competition will be conducted in accordance with the rules of U.S. Figure Skating as set forth in the U.S. Figure Skating Rulebook and the U.S. Figure Skating Basic Skills Program Skate with U.S. Competition Manual in effect at the time of the Competition, except as specified herein.

At the discretion of the Referee, events may be divided into groups by age for Pre-Juvenile and below and by draw for Juvenile and above. **NO FINAL ROUND WILL BE SKATED.** A minimum of 2 skaters constitutes an event.

**Compulsory Programs and Free Skating are separate events** and there will be NO combined awards. Competitors may enter a Compulsory, Showcase or Free Skating event one level above their present Free Skating test level. Only one level may be entered in each type of event.

**FACILITY:** The ice surface is 85 by 200 feet. The rink is fully enclosed.

**JUDGING:** Closed system. The 6.0 system will be used for all Pre-Juvenile and below events and for all Basic Skills events. The IJS system will be used for Juvenile through Senior Free Skating and Short Program events and for the IJS Spin Event. The IJS system will also be used for Adult Gold and Masters Free Skating events. **Competitors entering IJS events must complete the Entryeze planned program content sheet online and submit it through Entryeze.**

**MUSIC:** Music must be plainly marked with name and event. Music will be accepted on one track CDs (no CD-RWs). **MUSIC MUST BE TURNED IN AT THE REGISTRATION DESK AT LEAST 45 MINUTES PRIOR TO THE EVENT TO BE SKATED.** After the event, music may be picked up at the REGISTRATION DESK. It is recommended competitors have a duplicate copy of their music available at the rink during the Competition.

**AWARDS:** Medals will be given for 1st, 2nd, 3rd, and 4th place in Basic Skills, Compulsory, Free Skating and Showcase. For Basic Skills events with more than 4 participants, ribbons will be given for 5<sup>th</sup> place and beyond.

**SCHEDULE OF EVENTS** will be posted at the East West Ice Palace and the Pickwick Ice Arena approximately one week before the competition. Schedule may be subject to change. You may also access the schedule on our website at <http://www.lafsc.org>

**VIDEO TAPING/PHOTOGRAPHY:** Video Taping will be provided. Private parties may video their own skater only for their personal use! **NO FLASH PHOTOGRAPHY** is allowed during the events.

**ADMISSION:** Each skater under the age of 18 may have one chaperone free of charge. Each skater is entitled to one coach free of charge. The name of the chaperone and coach must be provided at the time of entry. For all others admission will be \$5.

### **REGISTRATION AND ENTRY FEES**

**CLOSING DATE FOR ENTRIES IS SUNDAY, APRIL 16, 2017.** The method of entry is online through EntryEeze. *Secure Online Registration and credit card payment (processing fee applies) will be available at: [www.LAFSC.org](http://www.LAFSC.org).* All entries must be submitted by **Midnight of the entry deadline**. At the discretion of the Referee, late entries may be accepted until the Draw and are subject to an additional \$20 late fee. **No** entry fees will be refunded after the close of entries unless the event is not held (Rule 3047). All entries must be accompanied by the appropriate fees. Once entries have closed, entry fees (minus the online processing fee) are only refundable if the competition is not held. In the case of a single entrant in an event, an exhibition with the option of a critique will be offered in lieu of a refund. This does not apply to compulsory programs, jumps or spins.

**ENTRY FEES:**       **\$80 for the first event (includes all categories)**  
                              **\$50 for each Additional event entered**  
                              **\$105 for Pair team**

#### **REGISTRAR:**

Sandra Sjoberg email: [msjoberg@comcast.net](mailto:msjoberg@comcast.net) Telephone: 410-279-6107

The Registration Desk will be located in the main lobby of the rink. All skaters and coaches must register upon arrival. **Competitors must check in with the Registrar at least 45 minutes prior to their scheduled events.** At the discretion of the Referee, events may begin before the scheduled time.

#### **INFORMATION:**

##### **Chairperson**

Mia Fendi email: [Weicesk8@gmail.com](mailto:Weicesk8@gmail.com) Telephone: 909-272-8200

#### **NEARBY HOTEL ACCOMMODATIONS:**

**Cerritos Sheraton**  
12725 Center Court Drive  
Cerritos, California 90703  
Phone: (562) 809-1500  
[www.sheratoncerritos.com](http://www.sheratoncerritos.com)

## **SOUTHERN CALIFORNIA INTER-CLUB INVITATIONAL SERIES**

**This event is part of the Southern California Inter-Club Invitational Series. Top point scorers at the end of the season will be invited to the Invitational Final. Please see the Southern California Inter-Club Association website at <http://www.socalinterclub.org/> for more information.**

## **FREE SKATING EVENTS**

Program times allow plus or minus 10 seconds except those specified as Maximum. **If specified as Maximum, there is no additional 10 second allowance and there is no minimum time.** Skater's age and test level as of the close of entries (Sunday, April 17, 2016) shall govern. All references to the Axel jump include one foot Axel and inside Axel. Program times are per the U.S. Figure Skating Rulebook in effect at the time of the competition. Judges shall deduct .2 from each mark for each forbidden move judged under the 6.0 system.

### **SENIOR:**

**SHORT PROGRAM:** Shall be skated in accordance with Rules 4200 of the current Rulebook. Program time: 2:50 minutes MAX.

**FREE SKATING:** Shall be skated in accordance with Rule 4200 of the current Rulebook. Program time: 4:30 minutes plus or minus 10 seconds for Men and 4:00 minutes plus or minus 10 seconds for Ladies.

**JUNIOR:** Skaters may not have passed the Senior Free Skating Test.

**SHORT PROGRAM:** Shall be skated in accordance with Rules 4210 of the current Rulebook. Program time: 2:50 minutes MAX.

**FREE SKATING:** Shall be skated in accordance with Rule 4210 of the current Rulebook. Program time: 4:00 minutes plus or minus 10 seconds for Men and 3:30 minutes plus or minus 10 seconds for Ladies.

**NOVICE:** Skaters may not have passed the Junior Free Skating Test.

**SHORT PROGRAM:** Shall be skated in accordance with Rules 4220 of the current Rulebook. Program time: 2:30 minutes MAX.

**FREE SKATING:** Shall be skated in accordance with Rule 4220 of the current Rulebook. Program time: 3:30 minutes plus or minus 10 seconds for Men and 3:00 plus or minus 10 seconds minutes for Ladies.

**INTERMEDIATE:** Skaters may not have passed the Novice Free Skating Test.

**SHORT PROGRAM:** Shall be in accordance with Rule 4230 of the current Rulebook. Program time: 2:00 minutes Maximum

**FREE SKATING:** Shall be in accordance with Rule 4230 of the current Rulebook. Program time: 2:30 minutes plus or minus 10 seconds

**OPEN JUVENILE FREE SKATING:** Skaters must be 14 years of age or older and not have passed the Intermediate Free Skating Test Program duration is 2:15 plus or minus 10 seconds and content per Rules 4240 of the current Rulebook.

**JUVENILE FREE SKATING:** Skaters must be under 14 years of age and not have passed the Intermediate Free Skating Test. Program duration is 2:15 plus or minus 10 seconds and content per Rules 4240 of the current Rulebook.

**PRE-JUVENILE FREE SKATING:** Skaters may not have passed the Juvenile Free Skating Test. Program duration 2:00 plus or minus 10 seconds and content per Rules 4250 of the current Rulebook. Double Axel is not allowed.

**PRELIMINARY FREE SKATING:** Skaters may not have passed the Pre-Juvenile Free Skating Test. Program duration 1:30 plus or minus 10 seconds and content per Rules 4260 of the current Rulebook. Double flip, double lutz and double Axel are not allowed.

**PRE-PRELIMINARY FREE SKATING:** Skaters may not have passed the Preliminary Free Skating Test. Program duration is 1:40 MAXIMUM. Program content per Rule 4270 of the current Rulebook.

**SUNBATHER GIRLS/BEACHCOMBER BOYS FREE SKATING (NO TEST LEVEL 3):** Skaters may not have passed the Pre-Preliminary Free Skating Test. Program duration is 1:40 minutes MAXIMUM. Program content per Rule 4280 of the current Rulebook, except spins commenced with a jump are not permitted.

**DOLPHIN GIRLS/SHARK BOYS FREE SKATING (NO TEST LEVEL 2):** Skaters may not have passed any U.S. Figure Skating Free Skating Tests. Program length is 1:40 minutes MAXIMUM. Program content per Rule 4280 of the current Rulebook, except only half revolution jumps permitted plus Salchow, Toe Loop and Half Loop. Combinations or sequences are not required but no more than three in total are permitted. No spins commenced with a jump are permitted. Connecting moves and steps should be demonstrated.

**SEA JEWEL GIRLS/SEA RANGER BOYS FREE SKATING (NO TEST LEVEL 1) AGES 6 AND UNDER:** Skaters may not have passed any U.S. Figure Skating Tests. Free skating time to their music is **1:10** minutes MAXIMUM and shall consist of the following elements performed once in any order using full ice: Forward Swizzles (min. 3), Backward Wiggles (min. 3), Dip, Bunny Hop, and 1 or 2 foot Snowplow Stop. **No additional jump or spin elements will be allowed.**

**Judges will deduct 0.2 for each omission or illegal move performed.** Marks will be awarded for Required Elements and Presentation **with Required Elements breaking the tie.**

**MASTERS JUNIOR-SENIOR FREE SKATING:** Open to adults age 21 and older. Must have passed at least the one of the following: A. The standard novice free skate test; B. Prior to Oct. 1, 1977, the 4th figure test; C. On or after Oct. 1, 1977, and prior to Oct. 1, 1979, the 8th figure test. Program content per Rule 4510 of the current Rulebook. Duration: 3:40 MAX

**MASTERS INTERMEDIATE-NOVICE FREE SKATING:** Open to adults age 21 and older. Must have passed at least one of the following:

A. The standard intermediate free skate test and: 1. On or after Oct. 1, 1977, and prior to Oct. 1, 1991, no higher than the standard junior free skate test; 2. On or after Oct. 1, 1991, no higher than the standard novice free skate test; B. Prior to Oct. 1, 1977, the 3rd figure test; C. On or after Oct. 1, 1977, and prior to Oct. 1, 1979, the 8th figure test. Program content per Rule 4540 of the current Rulebook. Duration: 3:10 MAX

**ADULT GOLD FREE SKATING:** Open to adults age 21 and older. A. Skaters must have passed at least one of the following

Test Qualifications as of the closing date for entries:

1. The adult gold free skate test; 2. The standard juvenile free skate test and: a. Prior to Oct. 1, 1991, no higher than the standard intermediate free skate test; b. On or after Oct. 1, 1991, no higher than the standard juvenile free skate test; 3. Prior to Oct. 1, 1977, the 3rd figure test and no higher than the 5th figure test. Skaters may have passed the following:  
1. Any figure tests or moves-in-the-field tests on or after Oct. 1, 1977, and prior to Oct. 1, 1979, except for the 8th figure test;  
2. Any figure tests or moves-in-the-field tests on or after Oct. 1, 1979. Program content per Rules 4570 of the current Rulebook. Duration 2:40 MAX.

**ADULT SILVER FREE SKATING:** Open to adults age 21 and older. A. Skaters must have passed at least one of the following:

1. The adult silver free skate test and no higher adult free skate tests. 2. Before Oct. 1, 1994, the standard juvenile free skate test and no higher standard free skate tests. 3. On or after Oct. 1, 1994, the standard pre-juvenile free skate test and no higher free skate tests; 4. Prior to Oct. 1, 1977, the 3rd figure test and no higher figure tests. B. Skaters may have passed:

1. Any figure tests or moves-in-the-field test on or after Oct. 1, 1977, and prior to Oct. 1, 1979, except for the 8th figure test;  
2. Any figure tests or moves-in-the-field tests on or after Oct. 1, 1979. Eligibility and Program content per Rules 4580 of the current Rulebook. Duration 2:10 MAX.

**ADULT BRONZE FREE SKATING:** Open to adults age 21 and older. Must have passed at least one of the following:

A. Skaters must have passed at least one of the following: 1. The adult bronze free skate test and no higher adult free skate tests.

2. The standard preliminary free skate test and no higher standard free skate tests. B. Skaters may have passed: 1. The 2nd figure test, and no higher, before Oct. 1, 1977; 2. Any figure tests or moves-in-the-field tests on or after Oct. 1, 1977, and prior to Oct. 1, 1979, except for the 8th figure test; 3. Any figure tests or moves-in-the-field tests on or after Oct. 1, 1979. Eligibility and Program content per Rules 4590 of the current Rulebook. Duration 1:50 MAX.

**ADULT PRE-BRONZE FREE SKATING:** Open to adults age 21 and older. Passed no higher than the adult pre-bronze free skate test, or the pre-preliminary free skate test. Eligibility and Program content per Rules 4600 of the current Rulebook. Duration 1:40 MAX.

### **SPIN EVENTS**

Age and test requirements are the same as for Free Skating. Three spins will be skated once each in program format on half ice without music. The required spins may be skated in any order. Connecting steps are allowed but will not be judged. Only the required spins as described for each level may be performed. Emphasis will be placed on the overall performance of each spin. Skaters will be given one mark for technical merit from each judge. Boys and girls may compete against each other. See current Singles Short Program Requirements for Intermediate, Novice, Junior and Senior events. See current test requirements for Juvenile/Open Juvenile, Pre-Juvenile, Preliminary, Pre-Preliminary and Adult events. **Time limits will be 1:40 maximum for all events.**

**\*\*\*SPECIAL EVENT\*\*\***

### **IJS SPIN EVENT:**

This event is open to all levels regardless of age or tests passed. The spins will be scored using IJS, so they will receive a level and a GOE. The highest total score wins. In this event, each skater will perform three spins consisting of:

- Combination spin, with or without a change of foot (minimum 6 revolutions)
- Flying spin of the skater's choice (minimum 6 revolutions)
- Spin in one position, with or without a change of foot (minimum 6 revolutions).

### **SENIOR SPINS:**

- Flying spin of the skater's choice; Ladies: Landing position different than layback/sideways leaning spin / Men: Landing position different than spin in 1 position (minimum 8 revolutions)
- Spin combination with only 1 change of foot; minimum 2 different basic positions; no flying entry (minimum 6 revolutions each foot minimum 2 revolutions in position)
- Spin in 1 position: Ladies: Layback or Sideways Leaning Spin; no flying entry (minimum 8 revolutions) / Men: Camel or Sit Spin with only 1 change of foot; no flying entry (minimum 6 revolutions each foot).

### **JUNIOR SPINS:**

- Flying camel spin; (minimum 8 revolutions)
- Spin combination with only 1 change of foot; minimum 1 change of position; no flying entry (minimum 5 revolutions each foot minimum 2 revolutions in position)
- Spin in 1 position: Ladies: Layback or Sideways Leaning Spin; no flying entry (minimum 8 revolutions) / Men: Sit Spin with only 1 change of foot; no flying entry (minimum 6 revolutions each foot).

### **NOVICE SPINS:**

- Flying camel spin (minimum 5 revolutions)
- Spin combination with only 1 change of foot and minimum 1 change of position; no flying entry (minimum 5 revolutions each foot, minimum 2 revolutions in positions).
- Spin in 1 position: Ladies: Layback or Sideways Leaning Spin; no change of foot and no flying entry (minimum 6 revolutions) / Men: Camel or Sit Spin with only 1 change of foot; no change of position; no flying entry (minimum 5 revolutions each foot).

### **INTERMEDIATE SPINS:**

- Sit spin to change foot sit spin (minimum 5 revolutions in position)
- Spin in 1 position. Only one position and no change of foot; may start with a fly. (minimum 5 revolutions)
- Spin combination consisting of 1 change of foot and at least 1 change of position; no flying entry (minimum 5 revolutions each foot and minimum 2 revolutions in position)

### **JUVENILE/OPEN JUVENILE SPINS:**

- Forward Sit Spin (minimum 4 revolutions)
- Ladies: Layback or Attitude / Men: Forward Camel Spin (minimum 4 revolutions in position)
- Spin Combination with 1 change of foot and at least 1 change of position (minimum 4 revolutions on each foot); Must include two of the following positions: camel, sit or upright.

### **PRE-JUVENILE SPINS:**

- Camel Spin (minimum 3 rev)
- Ladies: Layback or Attitude / Men-Forward Sit Spin (minimum 3 revolutions)
- Combination spin: forward camel to forward sit spin; optional change of foot (minimum 6 revolutions combined in forward camel and sit positions)

### **PRELIMINARY SPINS:**

- Sit Spin (minimum 3 revolutions)
- Front scratch to back scratch, exit on spinning foot no mandatory (minimum 3 revolutions on each foot)
- Spin Combination with only one change of position and no change of foot (minimum 4 revolutions).

### **PRE-PRELIMINARY SPINS:**

- Two foot spin (minimum 3 revolutions)
- One foot spin (minimum 3 revolutions)
- Spin Combination with only one change of position and no change of foot (minimum 3 revolutions).

### **ADULT SPINS:**

- Sit Spin (minimum 3 revolutions in position)
- Camel Spin (minimum 3 revolutions in position)
- Combination Spin with either change of foot OR change of position (minimum 6 revolutions total)

## **JUMP EVENTS**

Age and test requirements are the same as for Free Skating. Jump competition events will consist of three prescribed jumps plus a jump of the skaters choice for Pre-Preliminary and Preliminary and a jump combination of the skaters choice for Pre-Juvenile through Senior, subject to restrictions for each level as listed below. The jumps may be performed in any order in a program without music. Connecting footwork may be incorporated in the program but should be kept to a minimum and will be judged only in the case of jumps immediately preceded by connecting steps and/or comparable free skating movements. There will be a 0.2 deduction for added elements or repeated jumps (attempts count). Ladies and men will compete against each other at all levels. One mark will be awarded by the judges.

**SENIOR:** Axel or double Axel, any two double or triple jumps, any combination of two jumps. One jump must be immediately preceded by connecting steps and/or comparable free skating movements.  
Time: 1:40 minutes (maximum); Full ice event

**JUNIOR:** Axel, double loop, double Lutz, any combination of two jumps. One jump must be immediately preceded by connecting steps and/or comparable free skating movements.  
Time: 1:40 minutes (maximum); Full ice event

**NOVICE:** Axel, double loop, double Lutz, any combination of two jumps. One jump must be immediately preceded by connecting steps and/or comparable free skating movements.  
Time: 1:40 minutes (maximum); Full ice event

**INTERMEDIATE:** Axel, Walley, double flip, any combination of two jumps. One jump must be immediately preceded by connecting steps and/or comparable free skating movements.  
Time: 1:40 minutes (maximum); Full ice event

**JUVENILE/ OPEN JUVENILE:** Axel, double toe loop, double Salchow, any combination of two jumps. One jump must be immediately preceded by connecting steps and/ or comparable free skating movements.  
Time: 1:40 minutes (maximum); Full ice event

**PRE-JUVENILE:** Half loop, Lutz, Axel, any combination of two single jumps  
Time: 1:40 minutes (maximum); Half ice event

**PRELIMINARY:** Flip, loop, Lutz, one single jump of skater's choice (no Axel)  
Time: 1:40 minutes (maximum); Half ice event

**PRE-PRELIMINARY:** Waltz jump, toe loop, Salchow, one single jump of skater's choice (no Axel)  
Time: 1:40 minutes (maximum); Half ice event

### **ADULT JUMPS:**

- Single Flip
- Combination of any two single jumps

Time: 1:40 minutes (maximum); Half ice event

## **COMPULSORY PROGRAM EVENTS**

**Compulsory Programs** must be performed as a continuous program with all elements performed once, in any order, without music and without additional elements or excessive embellishment. (Additional elements include jumps of ½ revolution or more & spins or spin-like movements of 1 revolution or more. Excessive embellishment includes excessive posing, unnecessary or excessive step sequences & unprescribed moves such as spirals, Ina Bauer, etc). Moves in the Field elements are each considered a single element and may not be split but must be performed in its entirety as they would be in a Moves in the Field test. It is not permitted to perform a portion of the move, then another element and then the rest of the move.

Two marks will be awarded – one for Required Elements and one for Presentation -- with the mark for Required Elements breaking ties. **Boys & Girls may compete against each other at the discretion of the referee as per Rule 3012.**



**OPEN JUVENILE COMPULSORY PROGRAM:** Skaters may not have passed the Intermediate Free Skating Test. Skaters shall use the full ice surface and must be 14 years of age or older. Elements are as follows:

- Eight Step Mohawk Sequence (TR 25.04 (3); JM Pattern 3)
- Forward Double 3-Turns in the Field (TR 25.04 (6); JM Pattern 6)
- Combination jump (any 2 singles including Axel)
- Combination spin with only one change of foot (minimum 4 revolutions on each foot) position free.

**JUVENILE COMPULSORY PROGRAM:** Open to skaters under 14 years of age. Compulsory Program and rules are the same as for Open Juvenile.

**PRE-JUVENILE COMPULSORY PROGRAM:** Skaters may not have passed the Juvenile Free Skating Test. Skaters shall use the full ice surface. The elements are:

- Forward Outside-Back Inside 3-Turns in the Field (TR 25.03 (2); PJM Pattern 2)
- Five Step Mohawk Sequence (TR 25.03 (6); PJM Pattern 6)
- Single Lutz Jump
- Combination Spin with no change of foot and only one change of position. Any 2 positions allowed (min 3 rev in each)

**PRELIMINARY COMPULSORY PROGRAM:** Skaters may not have passed the Pre-Juvenile Free Skating Test. Skaters shall use the full ice surface. Elements are as follows:

- Alternating Forward 3-Turns (TR 25.02 (4); PM Pattern 4)
- Consecutive Outside and Inside Spirals (TR 25.02 (2); PM Pattern 2)
- Loop Jump
- Sit Spin (minimum 3 revolutions in position)

**PRE-PRELIMINARY COMPULSORY PROGRAM:** Skaters may not have passed the Preliminary Free Skating Test. Skaters shall use half the ice surface. Elements are as follows:

- Forward Right and Left foot spirals (TR 25.01 (3); PPM Pattern 3)
- Waltz Eight (TR 25.01 (4); PPM Pattern 4)
- Single Toe Loop
- One Foot Upright Spin (minimum 4 rev).

**SUNBATHER GIRLS/BEACHCOMBER BOYS (NO TEST LEVEL 3) COMPULSORY PROGRAM:** Skaters may not have passed the Pre-Preliminary Free Skating Test. Boys and Girls may compete against each other. Skaters shall use half the ice surface. Elements are as follows:

- Consecutive backward edges, minimum 2 on each foot
- Forward outside spiral, either foot
- Salchow
- Flip
- One foot upright spin (min 3 revolutions)

**DOLPHIN GIRLS/SHARK BOYS (NO TEST LEVEL 2) COMPULSORY PROGRAM:** Skaters may not have passed any Free Skating Test. Boys and Girls may compete against each other. Skaters shall use half the ice surface. Elements are as follows:

- Consecutive forward inside edges, minimum 2 on each foot
- Forward spiral, either foot, either edge or flat
- Waltz jump
- Half flip
- Two foot upright spin (min 3 revolutions)
- T-stop, either foot or edge.

## **SHOWCASE EVENTS**

Showcase events are offered for all levels including Basic Skills. The technical difficulty of the program is not the main consideration in these marks. Only one mark will be given. Showcase events shall consist of a variety of skating moves and elements selected for their value in enhancing the skater's interpretation of the music. Vocal music with lyrics is allowed. Props are allowed. Costumes that enhance the performance by appropriately reflecting the character of the music and theme will be considered in the judging.

**Competitors must enter the Showcase event at the same level as their Free Skating event.** Eligibility rules for Free Skating shall apply except where levels are combined. If entries in the Showcase classes are divided into groups, only one round will be skated.

Events will be conducted according to current U.S. Figure Skating guidelines for non-qualifying Showcase events:

<https://www.usfigureskating.org/content/16-17%20Showcase%20Guidelines.pdf>

**Please read the information linked above to familiarize yourself with these guidelines.**

<b>SENIOR:</b> Maximum	Senior Ladies/Men	Program Time 2:40 minutes
<b>JUNIOR:</b> Maximum	Junior Ladies/Men	Program Time 2:40 minutes
<b>NOVICE:</b> Maximum	Novice Ladies/Men	Program Time 2:10 minutes
<b>INTERMEDIATE:</b> Maximum	Intermediate Ladies/Men	Program Time 2:10 minutes
<b>OPEN JUVENILE/JUVENILE:</b> Maximum	Open Juvenile/Juv. Girls/Boys	Program Time 2:10 minutes
<b>PRE-JUVENILE:</b> Maximum	Pre-Juvenile Girls/Boys	Program Time 1:40 minutes
<b>PRELIMINARY:</b> Maximum	Preliminary Boys/Girls.	Program Time 1:40 minutes
<b>PRE-PRELIMINARY:</b> Maximum	Pre-Preliminary Boys/Girls	Program Time 1:30 minutes
<b>SUNBATHERS/BEACHCOMBERS:</b> Maximum	No Test 3	Program Time 1:30 minutes
<b>DOLPHINS/SHARKS:</b> Maximum	No Test 2	Program Time 1:30 minutes
<b>SEA JEWELS/SEA RANGERS :</b> Maximum	No Test 1	Program Time 1:30 minutes
<b>ADULT:</b> Maximum.	Masters, Gold, Silver, Bronze	Program Time 1:40 minutes

**Please Note: National Showcase:**

Competitors in the California Championships who place 1st through 4th in a Showcase event may qualify for the USFS National Showcase. Skaters eligible to enter National Showcase will have placed 1st through 4th as previously described as Singles competitors, Preliminary through Senior, or Adult Bronze through Adult Masters. Current guidelines and procedures regarding showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org) under "Programs" on the National Showcase page. Please contact Melissa Bowman (email: [patinage.tx@gmail.com](mailto:patinage.tx@gmail.com)), Vice Chair for National Showcase, for further details.

### **PAIR EVENTS**

Preliminary, Juvenile, and Intermediate pairs will compete in free skating events only. Pairs may skate up one level, but may not compete below pair test level.

**SENIOR:** No test requirements.

**SHORT PROGRAM:** Shall be in accordance with Rule 5200 of the current Rulebook. Program time: 2:50 minutes

Maximum

**FREE SKATING:** Shall be in accordance with rule 5200 of the current Rulebook. Program time: 4:30 minutes

**JUNIOR:** Skaters may not have passed the Senior Pair Test.

**SHORT PROGRAM:** Shall be in accordance with Rule 5210 of the current Rulebook. Program time: 2:50 minutes

Maximum

**FREE SKATING:** Shall be in accordance with Rule 5210 of the current Rulebook. Program time: 4:00 minutes

**NOVICE:** Skaters may not have passed the Junior Pair Test.

**SHORT PROGRAM:** Shall be in accordance with Rule 5220 of the current Rulebook. Program time: 2:50 minutes  
Maximum

**FREE SKATING:** Shall be in accordance with Rule 5220 of the current Rulebook. Program time: 3:30 minutes

**INTERMEDIATE:** Neither partner may have passed the Novice Pair Test.

**SHORT PROGRAM:** Shall be in accordance with Rule 5230 of the current Rulebook. Program time: 2:30 minutes  
Maximum

**FREE SKATING:** Shall be in accordance with rule 5230 of the current Rulebook. Program time: 3:00 minutes

**JUVENILE:** Skaters may not have passed the Intermediate Pair test. **FREE SKATING:** Shall be in accordance with Rule 5240 of the current Rulebook. Program time: 2:30 minutes.

**PRE-JUVENILE:** Skaters may not have passed the Juvenile Pair test. **FREE SKATING:** Shall be in accordance with Rule 5250 of the current Rulebook. Program time: 2:00 minutes.

## **DANCE EVENTS**

All Dance Events are scheduled to be judged under the 6.0 System. Under 6.0, all dance events shall be awarded two marks, technique and timing/expression. Ties are broken on the second mark.

**SOLO DANCE EVENTS** There is one dance in each event.

Cha Cha:	Skaters may not have completed the Bronze Dance Test.
Fiesta Tango:	Skaters may not have completed the Bronze Dance Test.
Fourteenstep:	Skaters may not have completed the Silver Dance Test.
American Waltz:	Skaters may not have completed the Pre-Gold Dance Test.
Kilian:	Skaters may not have completed the Gold Dance Test.
Blues:	Skaters may not have completed the Gold Dance Test.
Paso Doble:	Skaters may not have completed the Gold Dance Test.
Viennese Waltz:	No test requirements.

## **PRACTICE ICE**

Please contact the East West Ice Palace (562) 809-6200 for information regarding regularly available freestyle & public sessions.

# **REGISTER ONLINE FOR THE ANNUAL CALIFORNIA CHAMPIONSHIPS**

**Payment via a secured credit card transaction  
(Non-refundable processing fee applies)**

**[www.lafsc.org](http://www.lafsc.org)**

**Simply follow the links for competition  
information and use the link to register for  
the competition and pay with a credit card  
(VISA, MASTERCARD, and DISCOVER only  
please)**

# 14<sup>th</sup> ANNUAL CALIFORNIA CHAMPIONSHIPS



LEARN TO  
**SKATE**  
USA **COMPETE USA EVENTS**

# LEARN TO SKATE COMPETE USA EVENTS

## ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA program and those who are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with Learn to Skate USA or a member club. There will be no more than six competitors maximum in an event and all six will receive an award.

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-6 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed, including Moves in the Field or individual dances. For all other levels, eligibility will be based only upon highest free skate test level passed (Moves in the Field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition.

## GENERAL RULES

Please see the current U.S. Figure Skating Rulebook 3100 for rules applicable to Learn to Skate Compete USA events and the current Learn to Skate Compete USA competition manual posted at <http://www.usfigureskating.org>. Please see the General Rules section on page one of the announcement for all other information including information on facilities, judging, music, awards, schedule, video taping, photography, and admission.

## EVENT: Showcase Events

Learn to Skate USA Compete USA Showcase events are open to skaters in Basic, Pre-Free Skate-Free Skate 6, Beginner through High Beginner and Adult 1-6. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted. Skaters will be judged on musical interpretation and feeling, expression, and how the skating relates to the music. Show costumes are permitted, as long as they do not touch or drag on the ice. Only hand held props are allowed. Props must remain in the skater's hand(s) at all times. 6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description. For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted at [www.usfigureskating.org](http://www.usfigureskating.org).

Categories include:

Light entertainment

Dramatic entertainment

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate 6/ Beginner/High Beginner/ Adult 1-6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.

## EVENT: Basic Elements: SNOWPLOW SAM – BASIC 6

Each skater will perform each element one element at a time in the order listed below (no excessive connecting steps).

- To be skated on 1/3 to 1/2 ice.
- No music.
- **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam	1:00 max.	<ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward two-foot swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>
Basic 1	1:00 max.	<ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward two-foot swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on two-feet or one-foot</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>
Basic 2	1:00 max.	<ul style="list-style-type: none"> <li>• Forward one-foot glide, either foot</li> <li>• Scooter pushes, right and left foot, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward two-foot swizzles, 6-8 in a row</li> </ul>
Basic 3	1:00 max.	<ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Beginning backward one-foot glide, either foot</li> <li>• Moving forward to backward two-foot turn on a circle</li> </ul>
Basic 4	1:00 max.	<ul style="list-style-type: none"> <li>• Backward one-foot glides, right and left</li> <li>• Forward outside edge on a circle, clockwise or counter clockwise</li> <li>• Forward crossovers, 4-6 consecutive, both directions</li> <li>• Beginning two-foot spin, 2-4 revolutions</li> <li>• Backward ½ swizzle pumps on a circle, one direction only</li> </ul>
Basic 5	1:00 max.	<ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, 4-6 consecutive, both directions</li> <li>• Advanced two-foot spin, 4-6 revolutions</li> <li>• Forward outside three-turn, right and left</li> <li>• Hockey stop</li> </ul>
Basic 6	1:00 max.	<ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line, right or left</li> <li>• Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry</li> <li>• T-stop, right or left</li> </ul>

## EVENT: Basic Program: SNOWPLOW SAM – BASIC 6

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward two-foot swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>
Basic 1	1:10 max.	<ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward two-foot swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on two-feet or one-foot</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>
Basic 2	1:10 max.	<ul style="list-style-type: none"> <li>• Forward one-foot glide, either foot</li> <li>• Scooter pushes, right and left foot, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward two-foot swizzles, 6-8 in a row</li> </ul>
Basic 3	1:10 max.	<ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Beginning backward one-foot glide, either foot</li> <li>• Moving forward to backward two-foot turn on a circle</li> </ul>
Basic 4	1:10 max.	<ul style="list-style-type: none"> <li>• Backward one-foot glides, right and left</li> <li>• Forward outside edge on a circle, clockwise or counter clockwise</li> <li>• Forward crossovers, 4-6 consecutive, both directions</li> <li>• Beginning two-foot spin, 2-4 revolutions</li> <li>• Backward ½ swizzle pumps on a circle, one direction only</li> </ul>
Basic 5	1:10 max.	<ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, 4-6 consecutive, both directions</li> <li>• Advanced two-foot spin, 4-6 revolutions</li> <li>• Forward outside three-turn, right and left</li> <li>• Hockey stop</li> </ul>
Basic 6	1:10 max.	<ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line, right or left</li> <li>• Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry</li> <li>• T-stop, right or left</li> </ul>



## EVENT: Pre-Free Skate – Free Skate 6 Compulsory

In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max	<ul style="list-style-type: none"> <li>• Forward inside open Mohawk from a standstill position (R to L and L to R)</li> <li>• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>• One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>• Mazurka</li> <li>• Waltz jump</li> </ul>
Free Skate 1	1:15 max.	<ul style="list-style-type: none"> <li>• Forward power stroking, 4-6 consecutive strokes</li> <li>• Backward outside three-turns, right and left</li> <li>• Upright spin, entry from backward crossovers - minimum 4-6 revolutions</li> <li>• Toe loop</li> <li>• Half flip jump</li> </ul>
Free Skate 2	1:15 max.	<ul style="list-style-type: none"> <li>• Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>• Backward inside three-turns, right and left</li> <li>• Beginning back spin, up to two revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> </ul>
Free Skate 3	1:15 max.	<ul style="list-style-type: none"> <li>• Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>• Waltz three-turns, clockwise and counterclockwise</li> <li>• Advanced back spin with free foot in crossed leg position, min 3 revs</li> <li>• Loop jump</li> <li>• Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ul>
Free Skate 4	1:15 max.	<ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets, right or left</li> <li>• Sit spin - minimum three revolutions</li> <li>• Half loop jump</li> <li>• Flip jump</li> </ul>
Free Skate 5	1:15 max.	<ul style="list-style-type: none"> <li>• Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>• Camel spin - minimum three revolutions</li> <li>• Waltz jump-loop jump combination</li> <li>• Lutz jump</li> </ul>
Free Skate 6	1:15 max.	<ul style="list-style-type: none"> <li>• Forward power pulls, right and left</li> <li>• Split jump or stag jump</li> <li>• Camel, sit spin combination - minimum of four revolutions total</li> <li>• Waltz jump, ½ loop, Salchow jump sequence</li> <li>• Axel jump</li> </ul>

## EVENT: Pre-Free Skate – Free Skate 6 Program

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> <li>• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>• One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>• Mazurka</li> <li>• Waltz jump</li> </ul>
Free Skate 1	1:40 max	<ul style="list-style-type: none"> <li>• Forward power stroking, 4-6 consecutive strokes</li> <li>• Upright spin, entry from backward crossovers - minimum 4-6 revolutions</li> <li>• Toe loop jump</li> <li>• Half flip jump</li> </ul>
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> <li>• Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>• Beginning back spin, up to two revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> </ul>
Free Skate 3	1:40 max	<ul style="list-style-type: none"> <li>• Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>• Advanced back spin with free foot in crossed leg position, min 3 revs</li> <li>• Loop jump</li> <li>• Waltz jump-toe loop or Salchow-toe loop jump combination</li> </ul>
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets, right or left</li> <li>• Sit spin - minimum three revolutions</li> <li>• Half Loop jump</li> <li>• Flip jump</li> </ul>
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> <li>• Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>• Camel spin - minimum three revolutions</li> <li>• Waltz-loop jump combination</li> <li>• Lutz jump</li> </ul>
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> <li>• Split jump or stag jump</li> <li>• Camel, sit spin combination - minimum of four revolutions total</li> <li>• Waltz jump, ½ loop, Salchow jump sequence</li> <li>• Axel jump</li> </ul>

## EVENT: Introductory Levels Free Skate Program

General event parameters:

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	Max. 5 jump elements: <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front).</li> <li>• Max. 2 jump sequences</li> <li>• Max. 2 of any same jump</li> </ul>	Max. 2 spins: <ul style="list-style-type: none"> <li>• Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Maximum	Max. 5 jump elements: <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front including half-loop)</li> <li>• Single rotation jumps: Salchow and toe loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump.</li> </ul>	Max. 2 spins: <ul style="list-style-type: none"> <li>• Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests